

## St. Patrick Catholic Church, Mount Dora, FL

### **GLUTEN FREE HOSTS & HOSTS FOR THE SICK 1/30/2025**

The policy for gluten free (GF) hosts will continue to be that if someone needs to receive a GF host, then they need to arrive 10 minutes prior to Mass to let a Sacristan know.

The Sacristan will let them know when and where to go to receive communion. There will be two options.

1. If the person is not concerned with cross-contamination, then the host will be with the Priest in the pyx and the person should be instructed to go to the Priest's line.
2. If the person is concerned about cross-contamination, then the pyx with the host will be placed in the Tabernacle after it has been consecrated. The Sacristan will need to let the Priest or Deacon know that the Priest/Deacon will need to distribute it after Mass, and after they wash their hands. The Sacristan will inform the Parishioner of this procedure as well.

In both cases, the Sacristan will place\* the GF host(s) in the pyx and put it on the tray with the Presider's host prior to Mass. If there are requests for both Options 1 & 2 at the same Mass, then use two pyxes.

The policy needs to be strictly enforced. If the person shows up late or asks for one after Mass, there will not be a consecrated host available. If a Deacon or Priest is approached after Mass and has not been notified by a Sacristan of the need of a GF host, they will assume there are no consecrated hosts available and let the Parishioner know what they need to do in the future if they wish to receive a GF host.

\*Gluten free hosts are kept in a labeled box, with a pyx nearby, in the Sacristy Room cabinet. When requested by a parishioner, [Cleanse hands so as to not cross contaminate after handling wheat hosts.] remove a host and place in the pyx. Leave the pyx open and place it on the tray with the Chalice, not with the bread and wine to be carried during the Communion

procession. After the Mass, please return the pyx to the Gluten Free box area.

\*\*\*\*\*HOSTS FOR THE SICK\*\*\*\*\*

The unconsecrated 1 1/8” hosts for the Sick are kept separately in the Sacristy Room cabinet. These hosts ARE NOT GLUTEN FREE. They are slightly smaller in size and, we are told, easier to digest.

The Tabernacle has two twin/stacked ciboria for these hosts, each holding 100-150 hosts. The Ministers to the Sick are instructed to select from the top ciborium and to use it up completely. Then to take from the bottom ciborium and notify the sacristan that the other ciborium is empty.

The sacristan should place 100 hosts (one sleeve) in the empty ciborium and present it for Consecration at the next Mass, placing the cover on the credence table. After Communion, the Deacon, EMHC Captain, or Weekday Altar Server will place the newly Consecrated Host ciborium on the bottom of the two ciboria stack.

